



# AINSCOUGH

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## TRAINING SERVICES LTD



**// RAISING STANDARDS - DELIVERING RESULTS //**

## // ABOUT US //



**Train with one of the UK's largest independent, specialist training providers for safer lifting operations.**

**We deliver training to all industries, wherever lifting operations take place, including construction, manufacturing, engineering, transportation, aerospace, renewable energy and utilities.**

As a CPCS (Construction Plant Competence Scheme) test centre we specialise in training and NVQs for the Appointed Person, Crane Supervisor, Slinger Signaller and Mobile Crane/Crawler Crane Operator. Plus a wide range of non CPCS and bespoke courses to suit your needs, in the North West, Central London and at clients own sites throughout the UK and abroad.

Ex Military personnel can benefit from Ainscough Training Services Ltd (ATSL) being an approved learning provider for ELCAS (Enhanced Learning Credits) & CTP (Career Transition Partnership).

## RAISING STANDARDS

- All our Instructors and Assessors are fully qualified and highly knowledgeable with many years working and operating in the Lifting Industry.
- We have received a wide range of industry accreditations and certifications demonstrating our commitment to delivering high standards, including CPCS & NOCN.
- We are an active member of the CPA (Construction Plant Association) and accredited with ISO9001 & LEAA.
- You can take advantage of cost effective ways to go from CPCS Red Card to CPCS Blue Card.
- We are approved by The CTP & ELCAS for the Military.
- ATSL is a registered CITB Health, Safety & Environment test centre.

## DELIVERING RESULTS

- You will gain a nationally recognised accreditation through the (CPCS), allowing you to work on any Contractors Group (UKCG) sites throughout the UK.
- Progression can be achieved by completing the NVQ process accredited by NOCN, gaining a life-long qualification and CPCS Blue card.
- Our commitment to consistently providing high quality training results in High Pass rates.
- We can give you access to interview opportunities with crane hire companies throughout the UK.
- The Appointed Person is also available in the South & on clients own sites.



## // HERE TO HELP //

Whether you're a business or an individual, we bring expert advice and a wealth of experience, all tailored to meet your unique needs. Outstanding service is at the heart of our mission and drives everything we do.

From your initial enquiry to certification and beyond, we guide you through every step of the process, offering ongoing advice and support.

We provide a complete, one-stop service designed to get you on site and advance your career.

With years of experience, Ainscough Training Services has earned a solid reputation for delivering friendly, exceptional service that consistently surpasses industry standards.

- Transparent pricing – competitive rates for outstanding service and delivery
- User-friendly website with 24/7 access to course and NVQ information, online booking, free callback requests, and live chat assistance



[www.ainscoughtraining.co.uk](http://www.ainscoughtraining.co.uk) 01772 623591

## // TESTIMONIALS //

### Cementation **SKANSKA**

"The Ainscough Training team are incredibly knowledgeable and approachable, their experience and professionalism adds immense value in solving real-world problems. Their training has complemented our already high standards and allowed us to upskill our Workforce & Apprentices effectively."

**Mark Watkinson - Cementation Skanska  
Site Training & Apprentice Manager**

### **SIEMENS** Siemens Wind Power

"A very engaging instructor. There was a lot of information to take in, but he kept the class interested throughout. A very professional outfit."

**Ian Postlethwaite  
Siemens Wind Power**

### **JUNGHEINRICH** Machines. Ideas. Solutions.

"The assessor created a very relaxed and professional atmosphere for the practical and theory assessments. The admin support team provided a very polite, professional and punctual service."

**Nick Brooke  
Senior Technical Specialist  
Jungheinrich UK Limited**

### **BAE SYSTEMS** INSPIRED WORK

"The course was very thorough, and covered a great deal in such a compacted time frame, it went above and beyond my expectations and conveyed a great deal of the instructors knowledge and experience."

**Carl Morgan  
Senior Technical Engineer  
BAE Systems Maritime – Submarines**



"The Slinger/Signaller training with Ainscough Training Services was a valuable refresher, offering practical elements that reinforce best practices in lifting, ensuring high standards on-site Systems Engineer EDF."

**Maintenance Technician  
EDF**



"The instructor took the time to explain everything I needed and provided excellent and clear information. I would definitely recommend Ainscough Training Services."

**Chris Guy  
Marriott Drilling Africa Ltd**

Training is delivered at our outstanding learning environment and bespoke training facility in the North West and Central London

// OUR FACILITIES //



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## // COURSES //



# APPOINTED PERSON

### The role of the Appointed Person

This course is suitable for supervisors and managers. The Appointed Person has overall control of the lift from conception to completion.

### Course Details

The Appointed Person course is available as a CPCS or non CPCS course. The Appointed Person is also available as a bespoke course to companies. (Please see the bespoke section on page 15)

## TARGET DELEGATES

The Appointed Person course is aimed at anyone who is required to plan safe systems of work using lifting equipment.

## COURSE AIM

The aim of this course is to provide candidates with underpinning knowledge in order for them to understand the role and responsibility of the Appointed Person.

Following successful completion of the course candidates will be able to prepare and implement safe systems of work for lifting operations including writing risk assessments and method statements.

## COURSE CONTENT

- Legislation – LOLER, PUWER, HASAWA
- Codes of practice – BS7121 parts 1 & 3
- Roles & responsibilities
- Crane appreciation
- Duty charts
- Records & certification for lifting equipment & accessories
- Crane stability/ground conditions
- Rated Capacity Indicators (RCI's)
- Mode factors for accessories
- Down rating of accessories
- Sling angles
- Planning a lifting operation
- Risk Assessment & Method Statement
- Selection of lifting accessories



## CERTIFICATION

CPCS candidates who have passed the CPCS tests at the end of the course will be awarded the Red CPCS Trained Operator card endorsed with the category Appointed Person (Lifting Operations). The red CPCS Card is valid for 2 years.

Please note CPCS candidates must have an in date CITB-Construction Skills Health, Safety & Environment Test for Managers & Professionals.

Non CPCS candidates will be awarded an Ainscough Training certificate endorsed Appointed person which has a recommended expiry of 5 years.

## PROGRESSION

To convert your red CPCS card to a blue CPCS competent card you will need to achieve the relevant NVQ.

For those who don't follow the CPCS Scheme, the NVQ qualification can be undertaken to underpin their competency in the role of Appointed Person.

# APPOINTED PERSON NVQ

## OVERVIEW

The Red CPCS Trained Operator Card is valid for 2 years. In this time card holders are required to achieve the relevant NVQ Diploma in order to upgrade to Blue Competent Operator Card. Blue cards last for 5 years.

As well as upgrading their card delegates will also receive a nationally recognised qualification issued by NOCN. This proves they have demonstrated their competency in the workplace.

## TARGET DELEGATES

This programme is aimed at individuals who are currently planning lifts in the work place. The NVQ is a mandatory part of the CPCS scheme and must be completed to upgrade to the competent operator card. For those who don't want to follow the CPCS scheme, the qualification can be undertaken to underpin their competency in the role of Appointed Person.

## THE QUALIFICATION

**Qualification Title:** Level 5 Diploma in Controlling Lifting Operations - Planning Lifts (Construction)

**Awarding Body:** NOCN

Grants are available for companies in scope and registered with CITB.

## ACHIEVING THE QUALIFICATION

To achieve the qualification candidates must gather naturally occurring work based evidence which would include some or all of the following:

- Customer correspondence, enquiry and site visit request forms
- Initial site visit drawings and any related specific paperwork/photographs
- Method Statements/Risk Assessments, Job Sheets, Time Sheets, Crane Duty Charts
- Copies of CPCS card and any relevant training certificates
- Any other documentation which is agreed as being valid by the assessor and candidate

## CERTIFICATION

Upon successfully completing the qualification, candidates will receive a Certificate of Achievement issued by the awarding body, NOCN. If the candidate also holds a valid Managers (MAP) Health & Safety Test certification, they can then apply for the Blue Competent Operator Card, which is valid for 5 years.



### Benefits of the NVQ to employer

- Retention of key staff
- Competent, knowledgeable staff
- Help to highlight the company's profile
- Minimum work hours lost

### Benefits of the NVQ to the employee

- Official recognition of their knowledge, skills and competency
- Lifelong qualification
- Possibility of promotion
- Career development
- A flexible route to becoming qualified
- Increases self-confidence, self-esteem etc.
- Employability
- Convert red CPCS card to blue

## // COURSES //



# CRANE SUPERVISOR

## The role of the Crane Supervisor

The Crane Supervisor is responsible for directing and supervising lifting operations, ensuring that these are carried out in accordance with the method statement.

## Course Details

The Crane Supervisor course is available as a CPCS or non CPCS course. The Crane Supervisor is also available as a bespoke course to companies. (Please see the bespoke section on page 15)

## TARGET DELEGATES

The Crane Supervisor course is aimed at anyone who is required to supervise safe systems of work using lifting equipment. It is beneficial to have either experience or a good understanding of Slinging, however this is not essential.

## COURSE AIM

The aim of this course is to provide candidates with underpinning knowledge in order for them to understand the role and responsibility of the Crane Supervisor.

Following successful completion of the course candidates will be able understand and follow safe systems of work for lifting operations including risk assessments and method statements.

## COURSE CONTENT

- Legislation LOLER, PUWER, HASAWA
- Codes of practice – BS7121
- Roles & responsibilities
- Crane appreciation
- Crane terminology
- Records & certification for lifting equipment & accessories
- Crane stability/ground conditions
- Types of accessories & use
- Communications
- Preparing a site for lifting
- Down rating of accessories



## CERTIFICATION

CPCS candidates who have passed the CPCS tests at the end of the course will be awarded the red CPCS Trained Operator card endorsed with the category Crane Supervisor (Lifting Operations). The red CPCS card is valid for 2 years.

Non CPCS candidates will be awarded the Ainscough Training Certificate endorsed Crane Supervisor which has a recommended expiry of 5 years.

## PROGRESSION

To convert your red CPCS card to a blue CPCS competent card you will need to achieve the relevant NVQ. For those who don't follow the CPCS scheme, the NVQ qualification can be undertaken to underpin their competency in the role of Crane Supervisor.



## CRANE SUPERVISOR NVQ

### OVERVIEW

The Red CPCS Trained Operator Card is valid for 2 years. In this time card holders are required to achieve the relevant NVQ Diploma in order to upgrade to the Blue Competent Operator Card. Blue cards last for 5 years.

As well as upgrading their card delegates will also receive a nationally recognised qualification issued by NOCN. This proves they have demonstrated their competency in the workplace.

### TARGET DELEGATES

This programme is aimed at individuals who are currently supervising lifts in the work place. The NVQ is a mandatory part of the CPCS scheme and must be completed to upgrade to the competent operator card. For those who don't want to follow the CPCS Scheme, the qualification can be undertaken to underpin their competency in the role of Crane Supervisor.

### THE QUALIFICATION

**Qualification Title:** Level 4 Diploma in Controlling Lifting Operations – Supervising Lifts (Construction)

**Awarding Body:** NOCN

**Funding:** Grants are available for companies in scope and registered with CITB.

### ACHIEVING THE QUALIFICATION

To achieve the qualification candidates must gather naturally occurring work based evidence which would include some or all of the following:

- Customer correspondence, enquiry & site visit request forms.
- Permit to lift, test certificates, daily plant sheets.
- Method Statements/Risk Assessments. Proof of hire.
- Copies of CPCS cards of all personnel and any relevant training certificates.
- Any other documentation which is agreed as being valid by the assessor and candidate.

### CERTIFICATION

Upon successfully completing the qualification, candidates will receive a Certificate of Achievement issued by the awarding body, NOCN. If the candidate also holds a valid Specialist Supervisors Health & Safety Test certification, they can then apply for the Blue Competent Operator Card, which is valid for 5 years.



### Benefit of the NVQ to employer

- Retention of key staff
- Competent, knowledgeable staff
- Help to highlight the company's profile
- Minimum work hours lost

### Benefit of the NVQ to the employee

- Convert red CPCS card to blue
- Official recognition of their knowledge, skills and competency
- Lifelong qualification
- Career development
- A flexible route to becoming qualified
- Increases self-confidence, self-esteem etc
- Employability

## // COURSES //



# SLINGER/SIGNALLER

## The role of the Slinger/Signaller

This course is aimed at inexperienced candidates who wish to undertake the role of slinging and signalling for the movement of loads using lifting equipment. Candidates may be new to the role or may be those with limited experience and no formal training.

## Course Details

The Slinger/Signaller course is available as a CPCS or non CPCS course. The Slinger Signaller is also available as a bespoke course to companies. (Please see the bespoke section on page 15)

## TARGET DELEGATES

The Slinger/Signaller course is aimed at anyone who is required to undertake slinging and signalling for the movement of loads using lifting equipment. Candidates may be new to the role or may be those with limited experience and no formal training.

## COURSE AIM

The aim of this course is to provide candidates with practical and theoretical knowledge in order for them to undertake the role of a Slinger/Signaller.

Following successful completion of the course candidates will be able to select the correct lifting accessories, attach them to loads safely and guide the load using the appropriate hand signals.

## COURSE CONTENT

- Legislation – LOLER, PUWER, HASAWA
- Codes of practice – BS7121
- Records & certification for lifting equipment & accessories
- Slinging techniques
- Pre use checks of lifting accessories
- Down rating of accessories
- Communications
- Selecting lifting accessories
- Attaching accessories to different loads
- Safe use of radios
- Sling angles
- Types of accessories and use



## CERTIFICATION

CPCS candidates who have passed the CPCS tests at the end of the course will be awarded the red CPCS Trained Operator card endorsed with the Slinger/Signaller (All Duties) Category. The red CPCS is valid for 2 years.

Non CPCS candidates will be awarded the Ainscough Training Certificate endorsed Slinger/Signaller which has a recommended expiry of 5 years.

## PROGRESSION

To convert your red CPCS card to a blue CPCS competent card you will need to achieve the relevant NVQ.

For those who don't follow the CPCS scheme. The NVQ qualification can be undertaken to underpin their competency in the role of Slinger/Signaller.

# SLINGER/SIGNALLER NVQ

## OVERVIEW

The Red CPCS Trained Operator Card is valid for 2 years. In this time card holders are required to achieve the relevant NVQ Diploma in order to upgrade to the Blue Competent Operator Card. Blue cards last for 5 years.

As well as upgrading their card delegates will also receive a nationally recognised qualification issued by NOCN. This proves they have demonstrated their competency in the workplace.

## TARGET DELEGATES

This programme is aimed at individuals who are currently Slinging lifts in the work place. The NVQ is a mandatory part of the CPCS scheme and must be completed to upgrade to the competent operator card. For those who don't want to follow the CPCS Scheme, the qualification can be undertaken to underpin their competency in the role of Slinger/Signaller

## THE QUALIFICATION

**Qualification Title:** Level 2 Diploma in Controlling Lifting Operations – Slinger/Signaller (Construction)

**Awarding Body:** NOCN

**Funding:** Grants are available for companies in scope and registered with CITB.

## ACHIEVING THE QUALIFICATION

To achieve the qualification candidates must gather naturally occurring work based evidence which would include some or all of the following:

- Customer correspondence, enquiry & site visit request forms
- Method Statements/Risk Assessments, Job Sheets, Time Sheets, proof of hire
- Copies of CPCS card and any relevant training certificates
- Any other documentation which is agreed as being valid by the assessor and candidate

## CERTIFICATION

Upon successfully completing the qualification, candidates will receive a Certificate of Achievement issued by the awarding body, NOCN. If the candidate also holds a valid Operatives Health & Safety Test certification, they can then apply for the Blue Competent Operator Card, which is valid for 5 years.



### Benefits to employer

- Retention of key staff.
- Competent, knowledgeable staff
- Help to highlight the company's profile
- Minimum work hours lost

### Benefit of the NVQ to the employee

- Official recognition of their knowledge, skills and competency.
- Lifelong qualification
- Possibility of promotion
- Career development
- A flexible route to becoming qualified.
- Increases self-confidence, self-esteem etc.
- Employability
- Convert red CPCS Card to blue

## // COURSES //



### MOBILE/CRAWLER CRANE OPERATOR

#### The role of the Mobile Crane / Crawler Crane Operator

To set up the crane, follow instructions given by the Crane Supervisor & Slinger/Signaller using hand and radio signals, lift transfer and position loads safely.

#### Course Details

The Mobile/Crawler Crane Operator course is available as a CPCS or non CPCS course. They are both also available as bespoke courses to companies. (Please see the bespoke section on page 15)

### TARGET DELEGATES

This course is aimed at anyone who is required to operate cranes for lifting operations on construction sites and other allied industries. Individuals can have little or no experience of working with lifting equipment, especially cranes. However, you must have good hand eye coordination to undertake the course. Also, we strongly advise candidates complete their Slinger Signaller course prior to doing a crane operator's course.

### COURSE AIM

The aim of this course is to provide candidates with underpinning knowledge in order for them to understand the role and responsibility of the crane operator. Following successful completion of the course candidates will be able to Operate the crane to lift, transfer and position loads and carry out routine maintenance.

### COURSE CONTENT

- Legislation & codes of practice – BS7121
- Roles & responsibilities & communications
- Crane appreciation
- Duty charts & crane terminology
- Record for lifting equip & accessories
- Crane stability, ground conditions & set up
- Rated Capacity Indicator & Safe Working Loads
- Routine maintenance
- Use of crane on pick and carry duties
- Use of crane on free on wheels duties
- Configuring cranes according to work specifications

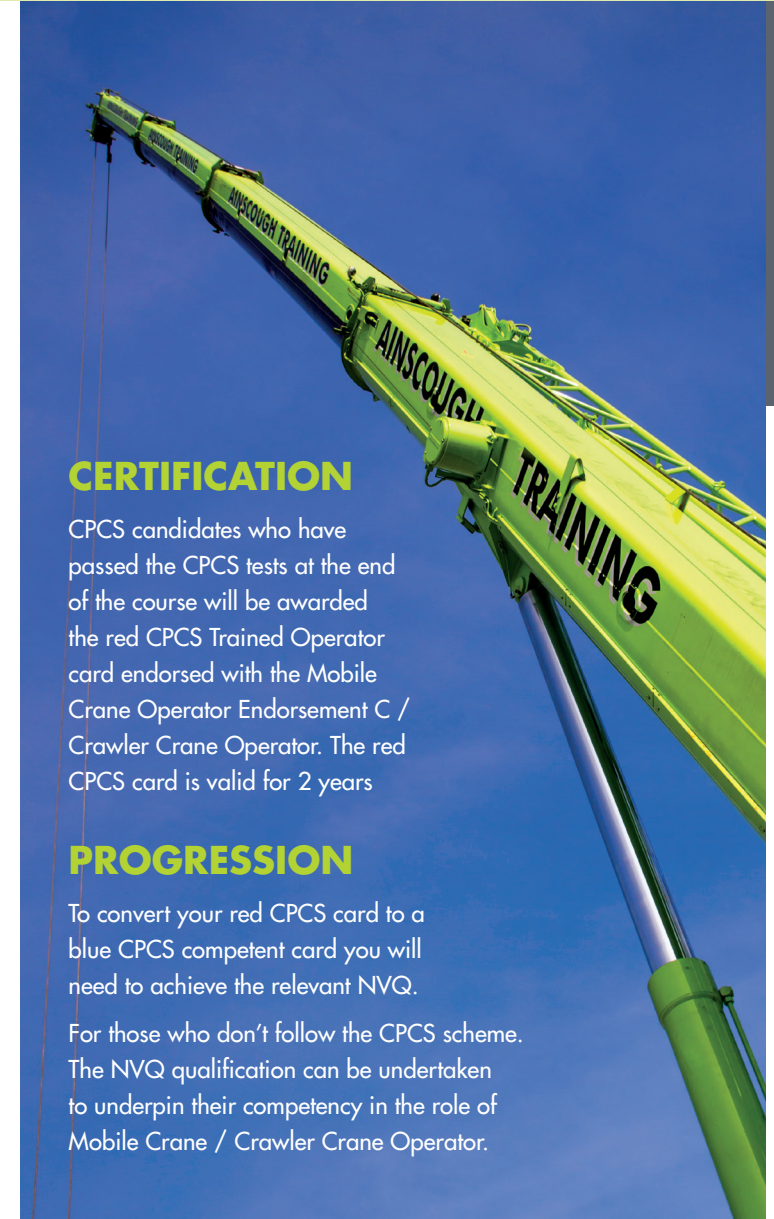
### CERTIFICATION

CPCS candidates who have passed the CPCS tests at the end of the course will be awarded the red CPCS Trained Operator card endorsed with the Mobile Crane Operator Endorsement C / Crawler Crane Operator. The red CPCS card is valid for 2 years

### PROGRESSION

To convert your red CPCS card to a blue CPCS competent card you will need to achieve the relevant NVQ.

For those who don't follow the CPCS scheme. The NVQ qualification can be undertaken to underpin their competency in the role of Mobile Crane / Crawler Crane Operator.



# MOBILE/CRAWLER CRANE OPERATOR NVQ

## OVERVIEW

The Red CPCS Trained Operator Card is valid for 2 years. In this time card holders are required to achieve the relevant NVQ Diploma in order to upgrade to the Blue Competent Operator Card. Blue cards

last for 5 years. As well as upgrading their card delegates will also receive a nationally recognised qualification issued by NOCN. This proves they have demonstrated their competency in the workplace.

## TARGET DELEGATES

This programme is aimed at individuals who hold a red CPCS card and need to achieve the relevant NVQ in order to convert to a blue CPCS Competent Operator Card. For those who don't follow the CPCS Scheme, the qualification can be undertaken to underpin their competency in the job role.

## THE QUALIFICATION

**Qualification Title:** Level 2 Diploma in Plant Operations – Cranes & Specialist Lifting Plant

**Awarding Body:** NOCN

**Funding:** Grants are available for companies in scope and registered with CITB.

## ACHIEVING THE QUALIFICATION

To achieve the qualification candidates must gather naturally occurring work based evidence which would include some or all of the following:

- Time sheets provided by the operator which are signed by the operator and manager
- Daily/weekly plant checks signed by the operator and manager or fitter
- Method Statements/Risk Assessments specific to the operator
- Copies of CPCS card and any relevant training certificates
- Any other documentation which is agreed as being valid by the assessor and candidate

## CERTIFICATION

Upon successfully completing the qualification, candidates will receive a Certificate of Achievement issued by the awarding body, NOCN. If the candidate also holds a valid Operatives Health & Safety Test certification, they can then apply for the Blue Competent Operator Card, which is valid for 5 years.



### Benefit of the NVQ to employer

- Retention of key staff.
- Competent, knowledgeable staff
- Help to highlight the company's profile
- Minimum work hours lost

### Benefit of the NVQ to the employee

- Official recognition of their knowledge, skills and competency.
- Lifelong qualification
- Possibility of promotion
- Career development
- A flexible route to becoming qualified.
- Increases self-confidence, self-esteem etc.
- Employability
- Convert red CPCS to blue

## // MILITARY //



### SUCCESS STORY

**Andrew Block**  
(former Petty Officer Surveyor in the Royal Navy)

Completed our CPCS Mobile Crane Operator and CPCS Slinger Signaller courses. With the help of our extensive network of actively recruiting crane companies, he successfully passed his CPCS tests in both categories. Andrew has now secured a job close to home, marking the start of a successful new career in the industry.

### If you're transitioning out of the military, we're here to help

As an approved provider through Enhanced Learning Credits (ELCAS) and the Career Transition Partnership (CTP), we specialise in Resettlement Training and can connect you with interview opportunities in the Lifting Industry. Plus, we offer exclusive discounts on full-priced courses for all service leavers.\*

### Why Choose Ainscough Training Services?

We provide comprehensive training and NVQs to help you earn your Construction Plant Competence Scheme (CPCS) card.

CPCS certification, issued by NOCN Group, is widely recognised as the industry standard, proving you have the necessary training, qualifications, and skills for your role. It's the preferred card for demonstrating competence across all UK construction sites.

Many of our instructors and assessors have military backgrounds and understand the unique journey you're about to embark on.

We offer access to reduced-cost accommodation exclusively for our candidates.

We can also guide you to other funding opportunities available for service leavers.

For more information on how we can support your transition to civilian employment, call us at **01772 623591** or email **info@ainscoughtraining.co.uk**



### SUCCESS STORY

**Gareth Drummond & Barrie Gorham**  
British Army

Service leavers successfully passed the CPCS Crane Supervisor course and now have successful careers running their own business in the diving industry.

## BESPOKE COURSES

At Ainscough Training Services we understand that every business has individual training requirements to enable them to comply with all legislation and codes of practice within their industry whether it be petrol chemical refineries, construction, engineering or wind energy.

We have many years' experience of developing and delivering bespoke courses for clients and can help you understand the processes required to ensure a successful course which meets all your objectives and expectations.

- Appointed Person & Refresher
- Appointed Person Lifting Equipment Specific (HIABS, OHTC, Forklifts, Telehandlers or Excavators)
- Crane Appreciation
- Crane Supervisor
- Lifting Awareness
- Rigging & Fleeting
- Slinger/Signaller
- Specific Crane Training (Mobile, Crawler, Overhead, Valla, Iron Fairy, Yard Crane, Compact)
- Vehicle Marshaller

If there is a course that is not listed above, please get in touch and we can look into your training needs and tailor a course for you.

With our bespoke courses, location of training is not a problem we can deliver on clients sites nationwide or at our centre in Lancashire.





# AINSCOUGH

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**Connect with us**

